

The Mirror

Monthly Reflections of the Palos Heights Woman's Club

SPECIAL SUMMER EDITION

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PHWC – Summertime Main Events!

June 19th ~ Wine & Cheese Gathering to Benefit Veterans – Drop by to bring a Donation and enjoy a glass of wine with your fellow members – all are welcome

Where: Carol Mineur's Garden, 11917 S 75th Ave, Palos Heights

When: June 19th Time: 6 p.m. to 9 p.m.

The Civic Engagement CSP Committee is hosting a Christmas in July event to benefit our Veterans [Men and Women]. Our goal is to fill a minimum of 85 gift bags. Some suggestions:



Personal Items: Deodorant; body wash; Polident denture cream; toothbrushes; combs; hairbrushes; mouthwash; aftershave; pre-electric lotion; body spray; shampoo; conditioner; shaving cream; razors.

Snack Food: small boxes of raisins; individual packaged chips, pretzels; soft granola / cereal bars; coffee – regular and decaffeinated; candy; cookies; packaged crackers – cheese/peanut butter; gum; snack cakes.

Entertainment: Greeting Cards (new); batteries: AAA, AA, C and D; forever postage stamps; small flash lights; puzzle books; pens; pencils.

Membership Drive – 85th Anniversary Kick-Off

MEMBERSHIP IS THE KEY TO ALL SUCCESSFUL CLUBS

Saturday, July 22, 2022, from Noon to 3 p.m. at Meyers Park, Palos Heights Rec Center. In case of inclement weather we will meet in the Orchard Room. This social luncheon is open to all PHWC members and their guests [potential new members – no charge] **for the low ticket price of \$10**. Your help in recruiting new members is appreciated! A personal invitation will be sent to potential new members. Please email names and contact information by June 30th to Membership Chair Rose Zubik at: rosezubik1009@gmail.com or call or text information to: 708-945-6254

Members: for adequate preparations and food services, please send your \$10 check made payable to the Palos Heights Woman's Club to Rose Zubik by July 15th [absolute deadline July 18th] Luncheon: Summer Salads, yummy desserts, ice tea/lemonade.

We will kick-off our 85th Anniversary celebrations with a program relating to the accomplishments and past history of the Palos Heights Woman's Club.



Congratulations to the incoming Administration Executive Board

President: Sherry TerMaat

1st Vice President: Rose Zubik

2nd Vice-President: Lynda Schiappa

Recording Secretary: Pam Sylvestrakz

Corresponding Secretary: Carol Marie Miller

Treasurer: Denise Hyker

Community Service Program Directors

Art & Culture:

Veronica Studnicka/Yvonne Bustos

Civic Engagement & Outreach:

Carol Mineur/Nancy Raisutis

Education & Libraries:

Marie Kaminski/Ann DeVries

Environment:

Patricia Trendle-Marker/Amy Redden

Health & Wellness:

Susan DeKoker/Teresa Karstrand

Personals – Carol Marie Miller

We are sad to advise of the passing of long time member Virginia Jones on April 12, 2023, she was 97. Virginia joined the Palos Heights Woman's Club in 1971 and celebrated her 50 year anniversary in 2021.



We are also sad to advise of the passing on April 30th of Mary Soder's beloved husband of 59 years Colonel (Retired) Ludwig "Lou" Soder. Lou will be dearly missed by his family and friends.

Please keep Mary and Virginia's families in your thoughts and prayers. Cards of encouragement and support would be greatly appreciated.

The following members are in need of emotional support and fellowship from the Club: Carol Margaret Miller has had some recent hospital stays. Celeste Kappel recently fell and suffered a fractured vertebrae. We just learned that Ann Purcell fell and has broken her hip – surgery is pending. Please keep Carol Margaret, Celeste and Ann in your thoughts and prayers as they continue to recover. Cards of encouragement and support, phone calls or visits would be greatly appreciated.

Yearbook - To all PHWC members – we need your help. Please turn in any changes in your mailing address, email address or phone number to Rose Zubik, Membership Chair asap. Your assistance in having an accurate Yearbook is greatly appreciated.

Calendar of Events

- ***Ted's Greenhouse Fundraiser – May 15th To June 15^t***
- ***Farmer's Market – PHWC Jewelry Sale June 7th 8:00 a.m. to 1:00 p.m.***
- ***June 19th – Christmas In July Wine & Cheese Gathering to Benefit Veterans***
- ***Pedal Pushers – June 24th Bike Ride***
- ***4th of July Parade***
- ***New Members Event/85th Anniversary Kick-Off Celebration - Sat. July 22, 2022 – Palos Heights Rec Center***

A Little Note From Health and Wellness: We hope everyone is enjoying the beautiful weather! It is a great time to get outside and exercise! If you need a friend to bike with, remember our Pedal Pushers are just a phone call away! Contact Joan Meyers if you want to join. Our first group ride is Saturday, June 24th and all levels are welcome! A few tips for exercising in the summer heat:

1. Exercise early or late in the day.
2. Keep hydrated.
3. Don't forget your sunscreen.
4. Ease up on your workout if it is especially hot and/or humid.

Have a great summer, stay safe, and get ready to roll up a sleeve this fall for our Annual Blood Drive!

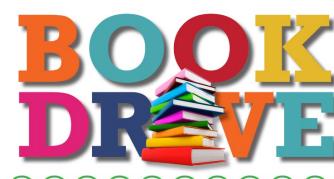
Sue DeKoker and Theresa Karstrand

Education and Libraries Summer Happenings....

Friends of the Library – Book Drive

Friends of the Library of the Palos Heights Library are in need of gently used or new books for their upcoming Book Sale. Please drop off your donations prior to August 19th which is the first day of the sale. Please be sure to let the library staff know you are with the PHWC when donating books and also let Education and Library CSPs know how many books you have donated.

A great BIG SHOUT OUT to Veronica Studnicka who has jump started the PHWC library book drive by dropping off 633 books!!! Way to go Veronica!!



Upcoming Summer Events!

PHWC Jewelry Sale – Farmer’s Market
Wednesday – June 7th – 8 to 1 p.m.

4th of July Parade

PHWC will once again participate in the 4th of July Parade. Donations of hard bagged candy [no chocolate please] can be dropped off at Sherry TerMaat’s home. We will be meeting in our usual spot – across the street from Midwest Bank at 11 a.m. to decorate the vehicles. We will need several ladies to walk to throw candy and two ladies to carry the PHWC banner.



Concerts In The Park – Memorial Park Gazebo

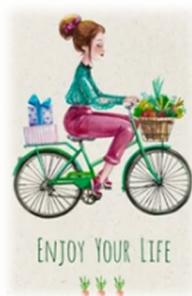
- **June 8 – FOUR C NOTES:** Recreating the music of Frankie Valli and the Four Seasons
- **June 22 – THE WAYOUTS:** Classic songs
- **July 6 – DISCO CIRCUS:** Chicago-based disco/funk tribute band. A next level nostalgic experience combining the energy and excitement of a 3-ring circus with the grooviest music from the 80’s.
- **August 3 – CHICAGO EXPERIENCE:** A group of musicians who call Chicago home. Together the band recreates the sound and feel of Chicago’s music.

All Concerts are from 7 to 8:30 p.m.
Call fellow members and organize a group
to attend one or all of these concerts!

Pedal Pushers of PHWC

First Group Ride: Saturday June 24th at Arrowhead Lake. Details to come via email. All are welcome! Contact Joan Meyers to be put on the email list.

Thank you for encouraging all Pedal Pushers to keep their enthusiasm for riding. From the casual short rides- to the over 10 plus mile rides. No matter..... Remember- Indeed "Life is A Beautiful Ride!"



It was brought to the Editor’s attention that the following new members were not acknowledged on their special day.

Happy Belated Birthday To:

3/21 Paula McCarthy
3/31 Hilary Rhodes
4/6 Vanessa Alvarado
4/24 Patti Davey

Happy Birthday to our May Ladies:

5/4 Mary Peterson
5/5 Linda Burt and Lucy Kotarba
5/6 June Campbell
5/12 Susan Cosentino
5/15 Jeanne Schmaedeke
5/16 Jill Moss Stetson
5/17 Lisa Pesavento and Marlena Reed
5/18 Bernie Zaworski
5/19 Marilyn Petschinsky
5/21 Darlene Prium
5/26 Mervate Mohammad
5/30 Dina Kotsores and Patt Bailey

Happy Birthday to our June & July Ladies

6/13 Yvonne Bustos
6/16 Toni Monahan
6/18 Arlene Buyan
6/22 Carol Mineur
6/27 Pam Pyka
7/5 Debra DeMaar and Ann DeVries
7/7 Patricia Marusarz
7/8 Carol Czworniak and Celeste Kappel
7/16 Judy Collins
7/18 Beverly Bronowski
7/21 Cookie Casillas
7/26 Nancy Clark-Jurek
7/28 Judy Lang

Ted’s Greenhouse Fundraiser

Looking for flowers or plants? Visit Ted’s Greenhouse in Orland Park, Fundraiser runs through June 15th. Our Club receives 20% of sales! Win/Win! Your participation in this fundraiser is greatly appreciated!



Sponsorship Promos in Yearbook

Once again we will be promoting sponsorship spots in our Yearbook. If you have a business or organization you support or own and want to promote it you can place a write up or copy of a business card in the Yearbook! The submission MUST be sent in as it will appear in the Yearbook – we will not be responsible for editing information. **Deadline for submission is June 30, 2022.**

The cost is \$50 for a 1/2 page which is approximately 5" x 4.25" You can include your business logo, address, phone number, brief description of business or organization or you can simply provide a pdf of your business card and we will have the printer fit it into the space. **Submissions must be emailed in a pdf format for approval** to the Yearbook Editor: Sherry TerMaat: stermite@hotmail.com with a copy to: Rose Zubik: rosezubik1009@gmail.com

Checks payable to the Palos Heights Woman's Club should be mailed to PHWC, c/o Rose Zubik, P.O. Box 128, Palos Heights, Illinois 60463

Palos Heights Woman's Club 3rd District and GFWC Illinois 2022 Awards and Recognitions

3rd District Awards

- Arts & Culture – 1st Place
- Civic Engagement – 1st Place
- Education – 1st Place
- Environment – 1st Place
- Health – 2nd Place
- Communications – 2nd Place
- Fundraising – 1st Place
- Leadership – 2nd Place
- Membership – 2nd Place



GFWC Illinois Awards Top Ten Projects

- Education & Libraries – Kindness Board
- Health & Wellness – Baby Shower
- Fundraising – Follow The Yellow Brick Road Tea Fundraiser

Membership

- 1st Place - Membership Orientation Contest
- Award of Excellence – Club Recruitment 19 New Members
- Award of Excellence – 14% Increase in Membership

Membership Recruitment Awards

Nancy Mitchell, Susan Snow, Debbie George, Diana Roscich, Carol Mineur, Ann DeVries, Nancy Raisutis, Denise Hyker, Patricia Marusarz, Rose Zubik and Veronica Studnicka

A great big shout out and thank you to all of our members! Without you we would not have been able to achieve these goals and recognitions on the GFWC State and District Levels.