



GFWC Members since
1938

The Mirror

Monthly Reflections of the Palos Heights Woman's Club

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Dear Members,

A great big thank you to all the members of the Palos Heights Woman's Club for their participation and support of our Club events. We are looking forward to the Purse Auction at the October meeting and picking up those beautiful mums. We also collected games, stuffed animals and toys at our last board meeting as our Club's participation in the GFWC National Day of Service. Please see page 3 to learn more about the wonderful organization who will be receiving the donations.

I also wish to once again welcome all of the new members who were installed at the September meeting. Let's all do our part to welcome them to the Palos Heights Woman's Club!

I am looking forward to the coming months and of course, our annual Christmas Lunch – *Holiday Magic* on December 14, 2024! See you on October 1, 2024!

Carol Mineur



NEXT MEETING: OCTOBER 1, 2024 @ 7:00 P.M.

Inspirational Reader: Rojean Kope

Program: Vanessa Alvarado

Hospitality Chair: Sherry TerMaat

Hospitality Hostesses: Mary Soder, Tracy Heilman, Yvonne Bustos, Rosemary Noble, Nancy Harrington and Darlene Foliard.



IMPORTANT YEARBOOK ANNOUNCEMENT!

Yearbooks and By-Laws will be available for pickup at the October club meetings. As previously advised, the Club By-Laws will no longer be included in the Club Yearbook and have been printed separately. Only one yearbook per member.

Please try to attend to collect your yearbook and by-laws. If you are unable to attend you may designate a fellow club member to pick up your yearbook for you.

**Please see Sherry TerMaat who will be seated at a table
near registration to get your yearbook.**

Upcoming

- Purse Auction Fundraiser – October 1st Meeting
- Annual Blood Drive – Wednesday October 16th – at the Rec Center 2pm to 6:30 pm
- GFWC IL 3rd District Fall Meeting Thursday Oct 24 @ 7pm at Palos Heights Rec Center.
- Neat Repeats – Oct. 28th 50% storewide private sale for PHWC.
- Thankful Thursday – 11/21/24 Franklin Public House, Palos Hts
- Holiday Magic – Christmas Lunch @ Silver Lakes Country Club Saturday December 14, 2024.

THE COLLECTION CORNER

Environment: eyeglasses, pop tops, ink cartridges, gently used or new shoes

Home Life: gently used or new jewelry

Environment: plastic grocery bags; gently used shoes

Holiday Magic is coming to the

Palos Heights Woman's Club on December 14, 2024! See page 3 for more details!



TREASURER Denise Hyker

Operating Balance: \$ 11,638.31
Charitable Balance: \$ 6,590.18



Health & Wellness

Sue DeKoker/Theresa Karstrand

We hope you have been enjoying some beautiful late summer and early fall weather. It's a great opportunity to get out in nature and get a little exercise! A double win! Maybe you have joined our Witness the Fitness group for a Sunday morning walk (contact Debbie George for more info) or Pedal Pushers for a bike ride (contact Joan Meyers for more info). Either way getting out in nature can be a moving and healing experience. Research has shown that spending time in nature has many healing powers, including: Stress relief; better sleep; social interaction; physical activity and more!

- ✓ Private Shopping Event at Neat Repeats Resale, Monday October 28, 15551 94th Avenue, Orland Park 4-7 pm. 50% off storewide - sales benefit the Crisis Center. We hope to get 20 shoppers, so bring your friends. All proceeds benefit the Crisis Center for Domestic Violence. Sign-up sheet will be passed around at Oct. 1 meeting or call Sue or Theresa to rsvp.
- ✓ Thankful Thursday - November 21st 4 – 7 p.m., Franklin Public House, 12306 S Harlem. Food Drive to benefit the Palos Methodist Church Food Pantry.

Annual Blood Drive – Wednesday, October 16th 2-6:30 at the Orchard Room of the Rec Center. This is also a board meeting, why not plan on arriving early for the board meeting and donate blood!

PALOS HEIGHTS WOMAN'S CLUB COMMUNITY BLOOD DRIVE

Orchard Room 6601 W 127th St, Palos Heights, IL

Appointments preferred - walk-ins welcome.

Call 1-800-770-GIVE, on-line @

tinyurl.com/3ctp57ca or scan the

QR code



Donate blood to support 62% of area patients who require blood products at 85 Chicago-area hospitals including Northwestern Medicine Palos.

Donate for a chance to win 2 floor tickets to the Taylor Swift Eras Tour and a \$500 gift card.*



ENVIRONMENT

Tricia Trendle-Marker/Kim Prokes

Mums The Word! - 9" Pots - \$10

Thank you for supporting this mini fundraiser. We received orders for 75 mums! The mums will be ready for pickup after 6:30 p.m. in the hallway next to the Orchard Room. Don't worry if you forgot to place an order we will have a limited amount of extras mums available for purchase at \$10 each.



Please plan on attending our October 1, 2024, Club meeting to support this fundraiser.

A great big thank you to all who donated purses for the auction. Each purse contains a surprise of a minimum of \$25! Bidding starts at \$25 and will go up in increments of \$5.00. 100% of the proceeds from the auction will benefit our budgeted scholarships and charitable donations. Auctioneer: Debbie George Purses will be modeled by Kim Prokes, Pam Pyka and Chris Wilcox,



Nancy Raisutis /
Nancy Mitchell

Fall is just around the corner, but we will be focusing on Christmas cards for the veterans and a new special treat for them this year. We will be stuffing Christmas stockings with goodies and fun items! More details to come in next newsletter!

As a side note this is the first time that both chairpersons, are both named Nancy, and both have had a new knee put in around the same time! We will get through it together!!



Ann Devries /Marie Kaminski

The Education Department will be collecting school supplies for the Crisis Center. Donations can be brought to the meeting. There is a specific need for the following: Wide Rule Notebooks; #2 Pencils; Crayons; Washable Markers; Backpacks; Glue Sticks; Erasable Pens (Black and Red); Pencil Pouches; Highlighters.

The Mayor For A Day essays will be collected from the participating schools on September 26th. The committee will judge the essays and turn in their winners to the City. Trophies will be ordered and the pizza party and Mock City Council meeting will be on October 15th. Members are welcome to attend the Mock City Concil meeting.

American Association of University Women [AAUW] October 3, 2024 meeting will feature Dr. Pamela J. Haney who beame the sixth president of Moraine Valley Community College in 2023. Her leadership at Moraine Valley is dedicated to ensuring student success and accesibility, advancing innovation, engaging with our comunites and supporting the college's mission. Dr. Haney will speak on diversity progrqams on campus and the growing needs of the colleg's diverse student population. If you would like to attend this presentation admission is free, however, you must make a reservation by contacting Marie 708-599-0037 or mariekam311@aol.com. The AAUW meeting will be held at McCord Gallery, 9602 W. Creek Road, Palos Park, Illinois.

To recognize GFWC's National Day of Service (NDS) President, Carol Mineur and members of the PHWC Board of Directors donated toys and stuffed animals to benefit All Our Children Advocacy Center (AOCAC) located in Justice, Illinois. AOCAC's goal is to lessen the trauma a child faces during a physical or sexual abuse investigation while aiding the law enforcement and child protection agencies. To learn more about this wonderful organization visit their website at: www.aocac.org. All of the items collected will be delivered by Pam Sylwestrzak.



FUNDRAISING



Nancy Mitchell/Lynda Schiappa/Rose Zubik

December 14, 2024 @ Silver Lake County Club.

Please SAVE THE DATE and plan on attending our Holiday Magic Christmas Fundraiser. Which will feature the following:

✓ **Christmas Cookie Sale** – It's almost Cookie Time! Next month, in our newsletter and at our meeting, Cookie Casillas and Carolyn Nowakowski will be spreading the word about members baking homemade cookies and volunteering to pack cookies for our December fundraiser. You are all key to adding Holiday Magic for attendees as they purchase and savor our delectable treats!

✓ **Wine Pull** – we will be collecting bottles of wine for the wine pull. This little side fundraiser usually nets about \$400 and your contribution of wine is greatly appreciated. Wine [\$15 value please] can be brought to the meetings and/or dropped off at the home of Rose Zubik.

✓ **Raffle Baskets** – We are also famous for our wonderful raffle baskets! New items for raffle baskets are gratefully appreciated! Please bring to a club meeting. If you would like to donate a raffle basket please contact Rose Zubik.

✓ **Vendors** – If you are a vendor or if you know a vendor who would like to participate in the boutique please contact Sherry TerMaat or Debbie George.

✓ **Tickets** – Please get your gal pals together and plan a table of 8 or 10. Due to increased food price we have modestly raised the ticket price to \$55. **Tickets will be on sale at the October, November and December meetings.** Members who purchase their tickets at the **October meeting received 2 free raffle tickets**; tickets purchased at the November meeting get 1 free raffle ticket. Tickets purchased in December = no free raffle tickets 😞 Please purchase your tickets early 😊.

100% of the proceeds of our raffle baskets, wine pull, vendor and ticket sales [less the cost of entertainment and food] goes to fund our budgeted and supplemental scholarships and philanthropic donations.

October Birthday Girls.....

10/3	Marie Kaminski	10/16 – Mary Post
10/7	Geri Burek	10/17 – Vicky Girzadas
	Carol Margaret Miller	10/19 - Marj Hultquist
	Clara Van Howe	10/20 – Sharon Vojtek
10/9	Rose Zubik	10/22 – Mary Foskett
10/11	Sue Brandt	10/26 – Nancy Raisutis
10/12	Crystal Lagunas	Beth Rosentreter
10/15	Mary Soder	10/30 Jane Lundin

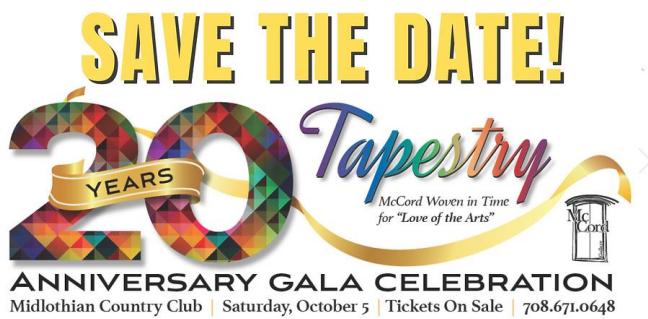
We do our best to recognize all our birthday girls. If your special day was not posted please contact Rose Zubik.



Yvonne Bustos/Allison Trendle

We are looking forward to our fall craft social event on Wednesday, September 25th. We have 20 crafty ladies signed up to make creative doormats.

We are also exploring the idea of having an art tour. More details to come. Support the Arts - McCord 20th Anniversary Gala Celebration, Midlothian Country Club- Sat. 10/5/24. Call 708-671-0648 for tickets.



Witness The Fitness

Next walk is scheduled for Sunday, September 29th at 8 a.m. and then Sunday, October 13th. Meet at Sassy Girl Boutique, 7224 W. College Drive. Contact Debbie George to join the walking group. All are welcome.

Pedal Pushers – Final 2024 Season Rides

Friday, Sept. 27th – Lake Katherine Path
Friday, Oct. 11th – Trinity Christian College
Saturday, Oct. 19th, Arrowhead Lake Path – Autumn Splendor.

Walking on Wednesday – Indoor Walking Path Palos Heights Rec Center.

Starts Wednesday, Nov. 6. 10 a.m. at Palos Hts Rec. Center. Afterglow coffee at Royalberry Waffle House. All are welcome.

Friends of the Library 40th Anniversary

For 40 years the Friends of the Palos Heights Library have been building relationships and raising funds. Celebrate National Friends of Libraries Week with us October 20-26.

- ✓ September 1 - 30: "The Library Is My Friend" bookmark contest. Stop by the Front Desk to pick up a form and submit it by October 1st. This contest is open to all ages.
- ✓ October 20: Help us decorate the Friends Book Store with your favorite book or author!
- ✓ October 24: "The Basics of Paranormal Investigating" is sponsored by the Friends and will be providing coffee, cookies, and a book giveaway for adults.
- ✓ October 26: Join us for an Ice Cream Social and book giveaway for kids and teens!

MEMBERSHIP

Debbie George, Membership Chair

Membership is a year-round process. Please continue in your efforts to recruit new members. Invite a friend or neighbor to attend a meeting. Potential new members can contact Debbie George at (708) 752-5397.



Sherry TerMaat/Rose Zubik

Please update your yearbook as follows:

Carol Darvent-Cody – carolcupid@comcast.net
Shirley Gruchot – gruc442@gmail.com

Carol Trzcinski, 8 McCord Trace, Palos Park, IL 60464 (630) 287-1628; carolT35@hotmail.com

Updates, changes or corrections to your yearbook information should be directed to Sherry TerMaat or Rose Zubik.

Personals – Carol Marie Miller

We extend well wishes to Nancy Mitchell as she prepares for her knee replacement surgery on October 1st.

**Wishing You A
Speedy Recovery**