



GFWC Members since
1938

✿ Hello March

The Mirror

Monthly Reflections of the Palos Heights Woman's Club

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Dear Members,

I hope we are finally through with the frigid temperatures so we can now start enjoying a little bit of warmer weather. I was approached by DeWoun Hayes, Assistant Director, Advancement Services and SALT Program at Trinity College who asked if the Palos Heights Woman's Club would consider hosting a table at the SALT Open House on Wednesday, March 12, 2025. Of course, I said YES! For those who are not familiar with the SALT program at Trinity



"SALT (Seasoned Adults Learning at Trinity) is a membership-based program for community members 50+ who are interested in ongoing education and lifelong learning. Their mission is to provide personal

enrichment and education by offering interesting content and meaningful discussions through shared experiences". The PHWC will be promoting the benefits of membership in the Palos Heights Woman's Club. Please consider stopping by to learn more about this wonderful opportunity available right in Palos Heights. The open house is from 1:00 p.m. to 3:00 p.m. and will be located in Ozinga Chapel Grand Lobby. **Register by March 7th. Registration is required.**

Carol Mineur, Building Bridges,
Leading with Compassion

"If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader." – Dolly Parton

Upcoming

- Club Meeting, Tuesday, March 4, 2025
- March 12, 2025 SALT Open House – Trinity Ozinga Chapel 1 to 3 p.m.
- Board Meeting, Wednesday, March 19, 2025
- April 5, 2025, Bunco to Benefit PCA
- May 7, 2025 Installation Dinner, Mama Vesuvio
- May 17, 2025 – Adopt a Pot Volunteers needed
- June 4, 2025 – PHWC Jewelry Sale at the Farmer's Market

THE COLLECTION CORNER

- Gently used or new jewelry
- Plastic grocery bags; eyeglasses, pop tops; gently new or used shoes
- Smile Bag Items see page 2

MARCH 4, 2025 – HOSPITALITY

Inspirational Reader: Wendy Mayer

Hospitality Hostesses: Kim Prokes, Jill Stetson, Mary Lee Lockwood, Tricia Trendle-Marker, Joanne Ferneau and Allison Trendle

Program: Vanessa Alvarado. Our March program will feature a representative from Humane Haven Animal Shelter (HHAS), a registered not-for-profit, tax-exempt 501C(3) organization. HHAS serves as the voice for animals and fosters the placement of homeless pets in compatible, loving homes. A representative of HHAS will present on the history and purpose of the animal shelter, the adoption process and what we can do to help animals in need.

We will also be accepting donations of cat food such as Fancy Fast canned food for kittens and adult cats, chicken, turkey, beef, all pate. No fish please. Hill's Science diet in bags. They will also accept clean gently used towels. For more information, please visit their website at: hhas.org.



Health & Wellness

Sue DeKoker/Theresa Karstrand

We are hoping you attend the March meeting and put a smile on the face of someone fighting cancer! Our club member, Renee Halfman, has been making canvas Smile Bags for patients fighting cancer at Community Hospital in Munster Indiana. We will be collecting items at the March meeting to help fill these bags. Items to consider for donating: fleece blankets, large print word search books. Pens, markers, colored pencils; lip balms; body lotions; plush characters, warm hats, fuzzy socks, water bottles, crackers, gum, hard candy [ginger flavor]. The club has purchased some small items including trial size hand creams, body creams, and lip balm. If you cannot shop and want to make a monetary donation, we will be happy to purchase needed items to help fill the bags.

Spring is coming and we hope it gets here soon so we can all get out and enjoy some nice weather! Hopefully you were able to join our Walking on Wednesday group or Witness the Fitness on Sunday mornings to help stay fit during the long winter days. We look forward to Pedal Pushers starting up again for the spring season!

A great big thank you to community supporters and leaders **Frank and Zeke Salman**, owners of Royalberry Waffle House and Restaurant for once again generously donating 25 adult and 10 children's meals for the Crisis Center of South Suburbia. Next time you visit Royalberry be sure to thank them in person and let them know you belong to the Palos Heights Woman's Club and how much we appreciate their generosity and support! The Health and Wellness department will be providing desserts and drinks.



Denise Hyker, Treasurer
Balances as of January 31, 2025

Operating Balance: \$ 6,674.52

Charitable Balance: \$17,921.04

ENVIRONMENT

Tricia Trendle-Marker/Kim Prokes

It is not quite Spring, but we trust you are all anxious for the tulips and daffodils to make an appearance. We are glad to report that we will be conducting a Spring flower sale! Please see page 5 for the order form and ordering and delivery information. We will be working with 88 Nursery as we are pleased with their product, service and pricing! Ted's Greenhouse Fundraiser runs from Mid-May to Mid June. The club gets 20% of all purchases made when the flyer is presented at time of purchase.

Please continue to donate your unneeded items to Together We Cope and Neat Repeats. We would appreciate if you could let us know when you give away these items. Also don't forget to use your recycle bin for cans, glass, etc. every bit helps the environment. Also, as reminder, bring your plastic bags, pull tabs, and new or gently used shoes. We will have a table set up at the meeting on March 4th to collect these items.

We will also be giving away scratch pads/note pads. (Product of my office clean-up project).



PHWC Jewelry Sale Set for June 4th!
Susan Snow, Chair

We have our date with the community, at the Palos Heights Farmers Market, on June 4, 2025. Our devoted customers await the treasures we have collected for sale. Please take this opportunity to look at your gently used jewelry in order to donate to this annual Club fundraising project. A collection bag will be at the March and April meetings, so you can begin to drop your clean jewelry items in the bag at these Club meetings. Later in the spring we can arrange for a drop off at my home. We will dazzle again!

FINANCE

Rose Zubik: Please see page 6 for proposed Supplemental Donations and Scholarships to be voted on at the March 5th meeting. Thank you to the Finance Committee for their thoughtful considerations of previous and new requests.

Save The Date!

Installation Dinner - Wednesday, May 7, 2025

We will be installing a 2nd Vice President, Recording Secretary, Treasurer and Community Service Directors on Wed. May 7th, 2025 at Mama Vesuvio's East, 6361 W. College Drive, Palos Heights, Illinois. Please join our President, Carol Mineur as she installs the incoming board. **Ticket Cost: \$35; Time: 5:30 p.m.** Full Dinner. Dessert and coffee. Tickets will be sold at the April 15th meeting at the registration table. If you are unable to attend the meeting but would like to come to the installation dinner, please contact Debbie George to make a reservation. Checks can be mailed to: Palos Heights Woman's Club, P.O. Box 128, Palos Heights, Illinois 60463. Please RSVP no later than April 30, 2025.

Membership: Debbie George - Dues Are Due PHWC Dues Remittance – 2025 – 2026

Enclosed please find my check for **\$50** for my PHWC Dues for the coming year. Please note that as previously posted in the newsletter and yearbook that due to rising costs the dues have been increased by \$5. Make any corrections to address, phone number and email below:

Name: _____

Phone: _____

Address: _____

Email: _____

Birthday: (Month/Day) _____

I prefer to have my Newsletter: Emailed: _____ U.S. Mail: _____

Please consider volunteering for Hospitality: Preferred Hospitality Month: _____

Note: Dues are due no later than the May Installation Dinner. Please consider having your Newsletter emailed if you currently receive U.S. Mail. This conserves paper and postage. If you would like a mailed version of your Newsletter, please add \$5 to your Dues check for postage. Send the form with your check to: Debbie George, c/o Palos Heights Woman's Club, P.O. Box 128, Palos Heights, Illinois 60463 or bring to either the March or April meeting. Your cooperation in submitting your dues early or on a timely basis is greatly appreciated.

March Birthday Girls.....

Personals...

Update on services for Marj Hultquist. Services will be held at Good Shepherd Church, 7800 W. McCarthy Road, Palos Heights, on Saturday March 22, 2025, 10:30 a.m. to 11:30 a.m. There is a beautiful tribute to Marj which you can read at:

<https://www.vanhenkelum.com/obituaries/marjorie-hultquist-2#!/TributeWall>

Please contact Carol Marie Miller to advise of the passing or illness of our members. Thank you

3/8	Sue Jankowski
3/9	Renee Halfman
3/14	Nancy Thoss
3/16	Darlene Dunmore Foliard
3/17	Pat Caldwell
3/21	Denise Hyker/Paul McCarthy
3/22	Sharon Kubasak/Michelle Horist
3/23	Charlotte Belczak
3/31	Hilary Rhodes/Lorene Rathnau



We do our best to recognize all our birthday girls. If your special day was not posted please contact Rose Zubik.

GFWC IL Presents Blue Ribbon Bunco.....

Each April we celebrate Prevent Child Abuse [PCA] month. The club selects a location and creates a pinwheel garden to promote awareness of child abuse prevention. PCA is an Illinois 501(c)(3) charitable organization which was established in 1990. Their mission is to prevent child abuse by providing statewide leadership through education, public awareness, support for community initiatives and advocacy. GFWC IL has partnered with PCA for over 30 years and pre-COVID would host a Fashion Show which many of us have attended. To get things “rolling again” [pun intended] GFWC IL is presenting a Blue Ribbon Bunco Fundraiser. The details are as follows:

- Date: Saturday April 5, 2025
- Time: 12:00 Doors Open Games Start at 1 pm
- Location: Lockport Moose Lodge #1557, 118 E. 10th Street, Lockport IL
- Food and Drink Self-Pay
- Tables set 8; Bunco groups are of 4
- Cost: \$25 which includes prizes and dessert
- Raffles and Cash Prizes



Proceeds of this fundraiser go exclusively to PCA.

Interested ladies should contact Rose Zubik. I will collect money and purchase the tickets. Please note seating is limited.

Volunteer Opportunities in the Community.....

Adopt-a-Pot is the annual Palos Heights Beautification Committee's Flower Planting Program. They are looking for volunteers to help plant the flowers in the pot. Saturday May 17, 2025 at the Palos Pool Parking Lot. 8:00 a.m. For additional information contact Denise Hyker (708) 347-3512.

Classic Car Event will be held on Thursday July 17, 2025. The Beautification Committee is looking for volunteers for Set-Up; Ticket Sales, Registration and parking of cars and clean up. Please contact carclassic@palosheightspd.org to volunteer.

Neat Repeats – Orland Park and Worth Locations is looking for volunteers to donate 5 hours of your time weekly to help continue to make Neat Repeats a success. 100% of the proceeds fund services for victims of domestic violence and provide one quarter of the organization's operating revenue, allowing the Crisis Center to provide programs and services for victims of domestic violence free of charge. To volunteer call (708) 429-7255 ex 605 or stop in at either store and speak to the manager.



Sue Brandt/Allison Trendle

Happy St. Patrick's Day from Arts and Culture! Stay tuned for some fun activities coming up this Spring from our Committee! The community also has a number of exciting events going on:

- On March 6, 2025, beginning at 7:00 p.m., join others in the community at the Palos Heights Library for its Great American Homes lecture and learn about America's greatest houses, including a slideshow tour of famous and classical homes. Seating is limited.
- On March 13, 2025, beginning at 7:00 p.m., celebrate St. Paddy's Day and take in The Trinity Irish Dancers at the Palos Heights Library.
- Looking forward, Drury Lane will present The Da Vinci Code beginning on April 9, 2025 and running through June 1, 2025. Tickets are available now.



Ann Devries /Marie Kaminski

The Women's Club is working with the City of Palos Heights on the **City Sticker Project**. The 4th and 5th graders at St. Al's, Palos East, and Chippewa Schools have submitted their drawings and the committee has selected 10 of the best pictures which were submitted to City Hall who will select a winner from the entries. The winner will then have their drawing displayed on Palos Heights resident's cars.



Debbie George, Membership Chair

Membership is a year-round process. Please continue in your efforts to recruit new members. Potential new members can contact Debbie George at (708) 752-5397. **As a reminder due to increased costs a dues increase was announced last year and posted in the Yearbook. Renewal dues for 2025 are \$50; \$55 if you get your newsletter mailed; and new members dues are \$60.**

Lillies and Tulips and Pansy's OH MY!

The Environment Department is Happy to Present a Spring Flower Fundraiser

# of Items	Description	Cost
_____	Easter Lillies Single (5+blooms)	\$15.00
_____	Easter Lillies Double (10+blooms)	\$20.00
_____	Bulbs Tulips 6 bulbs	\$7.00
_____	Hyacinth 3 bulbs	\$8.00
_____	Daffodil 3 bulbs	\$7.00
_____	10" Pansy Bowl	\$8.00
_____	4 1/2"pot Pansies	\$3.00 each
_____	12" Cool Wave Hanging basket	\$16.00
_____	Flat of Pansies (36)	\$15.00

There are no color choices for the lilies, tulips, hyacinth, daffodils or the hanging basket. The pansies will be in a variety of colors. **Orders need to be placed by 4/1** and will be available for pick up at the April 15th meeting. Please send your order to Kim Prokes or Trish Trendle-Marker.

of items _____

Total amount \$ _____

Name _____

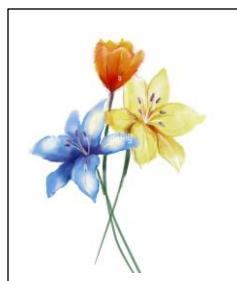
Phone _____



Tulips



Pansies



Lillies



Hyacinth



Daffodils

Important Public Service Announcement –

Not all that glitters is gold! Please be vigilant when opening attachments or links in emails. Donna Boeing's email was recently hacked, and an invitation was included in the body of the email. Fortunately, several of our members who received the email recognized this as a scam and did not open the link or the invitation. Bad Actors use this type of ruse to gain access to your computer and personal information! Sherry TerMaat's email was hacked a few months ago as well. The emails look so legitimate that it is easy to be fooled. When in doubt text or call the originator of the email to confirm before opening any attachments or links. Also, one dead give-away of a hacker is to look at the email address. See example below. When you hover over the sender's email address you will see that it is not their email address at all but a bogus fraudulent address. This info is not immediately visible unless you hover over the sender's email.

From Sherry TerMaat • historicalbearing51@gmail.com

Proposed 2025 Supplemental Disbursements and Scholarships

Bethshan Association	\$200.00
Children's Advocacy Centers of Illinois (CACI)	200.00
College Scholarships	3,000.00
Crisis Center for South Suburbia	200.00
Elim Christian School	200.00
GFWC IL Sustainers Society	189.00
Heifer International – also receiving \$100 from budgeted donation for a total of 200	100.00
High Five Heights	200.00
Honor Flight - Also receiving \$100 from Program for a total of \$200	100.00
Lake Katherine Nature Center - New Plaques per member request	250.00
McCord Gallery and Cultural Center	200.00
Mercy Home For Boys and Girls	200.00
Metropolitan Family Counseling Services	200.00
Misericordia	200.00
Moraine Valley Art Scholarship	1,000.00
Moraine Valley One Time Music Scholarship in memory of Elenor Hawley	750.00
Mt. Greenwood Special Rec Assn.	200.00
NAWS Humane Society of Illinois	200.00
Palos United Methodist Church Food Pantry (Worth Food Pantry)	200.00
Pathlights Council on Aging (Formerly PLOWS)	200.00
Park Lawn Center	200.00
Prevent Child Abuse (PCA)	250.00
Public Arts Commission (Palos Heights)	200.00
Ronald McDonald House (Oak Lawn, IL)	200.00
Sertoma	200.00
Share Your Soles	200.00
South Suburban Joy Emporium	200.00
Southwest Special Recreation	200.00
Southwest Symphony	200.00
St Alexander Raider Run 5k - Funds to Support Innovative Technology	250.00
St.Jude -Also receiving \$100 from budgeted donations for a total of \$200	100.00
The Center	200.00
The Center 2 Summer Camp Scholarships [One in Memory of Jeanne Marbach]	400.00
The Bridge Teen Center	200.00
Together We Cope	200.00
Tunnel to Tower	200.00
Wounded Warrior Project	200.00
Nuestros Pequenos Hermanos (NPH) Chicago	450.00
	\$12,039.00

The finance committee recently met to discuss supplemental donations. These donations are in addition to the scholarships and donations which the Club budgeted for. We received many new suggestions for worthy vetted charitable organizations and each one was carefully considered. You may recall that the Club received donations in memory of Elenor Hawley and Jeanne Marbach. The committee is proposing a one-time Music Scholarship in memory of Elenor Hawley at Moraine Valley Community College and one Summer Camp Scholarship in memory of Jeanne Marbach. We will be presenting the above supplemental disbursements at the March meeting for approval. Please direct any questions to the Finance Chair, Rose Zubik. Thank you.